

SEE HOW YOU CAN COMBINE YOUR SUBJECTS - 19 weeks

Choose ONE subject in each category both semesters

FIRST SEMESTER

Mainclasses A
Adventure
Climbing
Outdoor life
Swimming & lifeguarding
Tumbling
Mainclasses B
Beachvolley / volleyball
Kayak
Rhythmic gymnastics & dance
Rough'n tough
SPOT sport
360° Sports
Soccer
Trailrunning
Watersport SUP
Theoretical classes
Lifestyle
Philosophy
Communication
Practical classes
Creativity
Guitar for beginners
Longboard
Outdoor Living

SECOND SEMESTER

Mainclasses A
Adventure
Kayak polo
Outdoor life
Rhythmic gymnastics
Rough'n tough
Mainclasses B
Adventure
Climbing
Rough'n tough
Tumbling
SPOT sport
Badminton
Gymnastics
OCR
Strength
Theoretical classes
Communication
Lifestyle
Practical classes
Concentration
Cooking
Crochet
Knife workshop

It's possible to choose subjects so you try a lot of different things, or you can focus on subjects of the same type - it's up to you!

Subject to change a little