

PACKING LIST

– for your stay at Viborg Sports Academy –

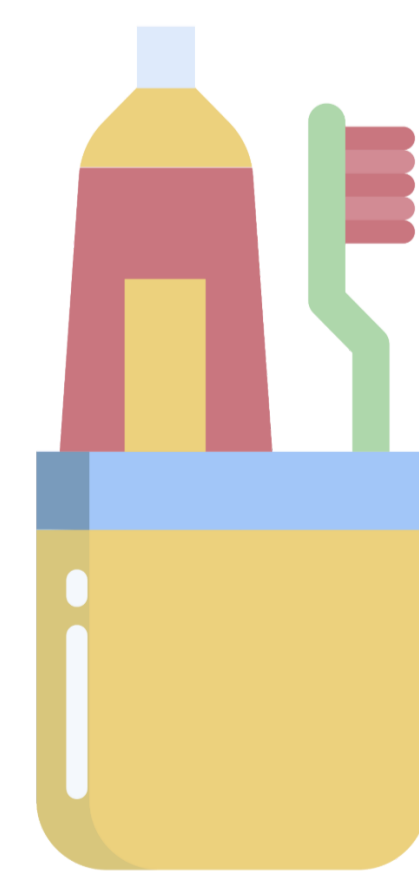
Clothes & shoes:

- Loooots of workout clothes! You will use them daily – and sometimes it'll be necessary to change during the day. Also bring stuff that's allowed to get dirty.
- Swimsuit (and goggles)
- Running shoes
- Football boots (if you play)
- Indoor sports shoes
- Everyday clothes
- Everyday shoes and boots
- Socks and underwear
- Outerwear for all kinds of weather (warm jacket, rain coat, light jacket, etc.)
- Cap and sunglasses
- Clothes to relax in
- Party/nice clothes
- Slippers/Birkenstocks/flip-flops (easy to slip into quickly)
- Bathrobe (can be nice when going from your room to the bathroom)



Personal items:

- Towels
- Toiletries (deodorant, perfume, make-up, shaving items, lotion, tweezers, nail scissors, etc.)
- Hairbrush, hair ties, hair clips
- Toothbrush and toothpaste
- Shampoo, conditioner, body wash
- Sunscreen
- Any personal medication
- Plasters, painkillers



Room essentials:

- Bag/backpack/sports bag (e.g. for day trips)
- Water bottle
- Computer, tablet, chargers, headphones
- Pencil case, pencils, scissors, etc.
- Room decorations (pictures, posters, pillows, stuffed animals, etc. to make it homey)
- Hobby items (books, knitting supplies, etc. for downtime)
- Snacks (there's a fridge in the shared kitchen and a microwave in some common areas)
- Mug
- Small speaker (if needed)

